

CARE FOR LIFE

NTUC Healthcare was established in August 1992 in response to worker's concerns over rising healthcare costs. Today, we are the largest healthcare cooperative in Singapore.

Our brand mission, vision and core values are based on the brand essence - "Care for Life". NTUC Healthcare seeks to express this brand essence by offering health and wellness products that meet the needs of customers at every of their life stages.

Life is precious, no matter what age and stage of life. Let us look after your long term wellness through regular health screening to help you stay in the pink of health.

ON-SITE HEALTH SCREENING

NTUC Healthcare offers a range of health screening packages specially tailored to cater to individual health concerns. Our health screening are done on-site, offering you convenient and hassle-free health check at the comfort of your workplace.

Health screening helps detect 'silent' diseases that may not display any prior signs or symptoms in the early stages. Regular screening for chronic diseases and cancers help in early detection, resulting in more effective intervention and treatment for better health outcomes. All our affordable and comprehensive health screening packages are not just for the top executives but suitable for everyone.

Things you might want to know before the health screening

- 1. What do I need to prepare before the health screening?**
You are required to fast for 8 – 10 hours prior to the health screening. Only drinking of plain water is allowed. This is to ensure better accuracy for glucose and cholesterol tests.
- 2. How long will the health screening take?**
The screening will take about 20 mins subject to waiting time.
- 3. How much blood will be drawn for the health screening?**
Only 1 syringe of blood will be drawn. Even if you opt for a more comprehensive test, the same blood sample will be sufficient.
- 4. (For female participant) Can I still go for the health screening if I'm having my period?**
Yes. However if urine sample is required, we will arrange to have it collected 10 days after the health screening.
- 5. Should I take my medication before the health screening?**
If you are on high blood pressure medications, you may take it before the screening.
If you are on diabetic medications, please do not take it before the screening.
For any other prescribed medications, please take it as directed by your doctor.
- 6. When will I get my health screening results?**
You will get your results within 14 days after the health screening. We will deliver by hand to you in your office (If you are not around that day, we will seal it in an envelope and hand it to your HR department).
- 7. Will my health screening results be shown to my company?**
No. Your result is strictly private and confidential. Our healthcare personnel will be going through your result with you on a one to one basis.
- 8. How reliable is the health screening result?**
All laboratories in Singapore have to adhere to very stringent guidelines by MOH. Our laboratory partner has more than 30 years of experiences. All the phlebotomists are trained and licensed.

On-Site Health Screening



On-Site Health Screening Packages

HEALTH SCREENING PACKAGES	BASIC PACKAGE S\$12	INTERMEDIATE PACKAGE S\$68	ADVANCE PACKAGE S\$118	ADVANCE PLUS PACKAGE S\$208
Biometric Parameters				
Height & Weight	✓	✓	✓	✓
Body Mass Index (BMI)	✓	✓	✓	✓
Blood Pressure	✓	✓	✓	✓
Lipid Profile				
Total Cholesterol	✓	✓	✓	✓
HDL-Cholesterol	✓	✓	✓	✓
LDL-Cholesterol	✓	✓	✓	✓
LDL/HDL-Cholesterol Ratio	✓	✓	✓	✓
Triglycerides	✓	✓	✓	✓
Diabetes				
Glucose	✓	✓	✓	✓
HbA1c (Fasting Glucose > 7mmol/L or Random Glucose > 10mmol/L)		✓	✓	✓
Liver Function				
Total Protein		✓	✓	✓
Albumin		✓	✓	✓
Globulin		✓	✓	✓
Alb/Glob Ratio		✓	✓	✓
Alkaline Phosphatase		✓	✓	✓
GPT		✓	✓	✓
GOT		✓	✓	✓
Total Bilirubin		✓	✓	✓

HEALTH SCREENING PACKAGES	BASIC PACKAGE S\$12	INTERMEDIATE PACKAGE S\$68	ADVANCE PACKAGE S\$118	ADVANCE PLUS PACKAGE S\$208
Kidney Function				
Urea		✓	✓	✓
Creatinine		✓	✓	✓
Sodium		✓	✓	✓
Potassium		✓	✓	✓
Chloride		✓	✓	✓
Urine Microalbumin				✓
Urine Creatinine				✓
Urine Microalbumin / Creatinine Ratio				✓
Bones				
Calcium			✓	✓
Inorganic Phosphorus			✓	✓
RA Factor				✓
Gout				
Uric Acid			✓	✓
Haematology				
Haemoglobin			✓	✓
Total Red Blood Cells			✓	✓
Red Cell Indices			✓	✓
Platelet Count			✓	✓
Total White Blood Cells			✓	✓
Poly			✓	✓
Lymph			✓	✓
Mono			✓	✓
Eosin			✓	✓
Baso			✓	✓
ESR			✓	✓
Peripheral Blood Film			✓	✓

HEALTH SCREENING PACKAGES	BASIC PACKAGE S\$12	INTERMEDIATE PACKAGE S\$68	ADVANCE PACKAGE S\$118	ADVANCE PLUS PACKAGE S\$208
Urine Examination				
Urine FEME			✓	✓
Hepatitis Screening				
Hepatitis A IgG Antibody				✓
Hepatitis Bs Antigen				✓
Hepatitis Bs Antibody				✓
Thyroid Function				
Free T4				✓
TSH				✓
Others				
Health Survey	✓	✓	✓	✓
Personalised Medical Report	✓	✓	✓	✓
Corporate Summary Report (for company)	✓	✓	✓	✓

Optional Tests

The following optional test is available upon request and can be added on to your screening package.

Tumor Marker	
Alpha-Fetoprotein (AFP): Tissue-specific marker for liver	S\$35
Prostate Specific Antigen (PSA): Tissue-specific marker for male	S\$35
Cancer Antigen 15.3 (CA15.3): Tissue-specific marker for breast cancer	S\$35
Cancer Antigen 19.9 (CA19.9): Cancer-specific marker for gastrointestinal	S\$35
Cancer Antigen 125 (CA125): Cancer-specific marker for ovarian cancer for female	S\$35
Carcinoembryonic Antigen (CEA): Cancer-specific marker for intestine	S\$35

All prices are subject to prevailing GST.

For corporate enquiries, please call **6590 4300**
or email healthscreen@unity.com.sg

